

RR = RESERVATION REQUIRED





March 2009

FALLS CHURCH SENIOR CENTER CALENDAR 223 LITTLE FALLS STREET FALLS CHURCH VA 22046 (703) 248-5020/5021



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| ESL 10-12pm (Teen Center) Canasta 10am Social Bridge 10 - 2pm Mixed Trivia 10:30am | Blood Pressure Screening 9-10am Aquatics Class 10-12:00pm RR German Conversation 10 - 12pm (Teen Center) Golden Age BINGO 10:00 - 1:30pm | Armchair Fitness 10 - 10:30am ESL 10-12pm (Teen Center) BINGO 10:00 - 1:30pm Checkers Challenge 10:30am Rummikub Group 1:30pm | Walking Group 10:15-1pm RR (Pentagon City Mall) Fastran French Conversation 10:00-12 pm (Teen Center) Canasta 10am Ping Pong 1:30pm (Teen Center) | Game Day 9 - 2pm Bridge 9 - 2pm Military History Group 10-12pr "Remembering John Mosby' with Don Hakenson (Community Room Movie on the Big Screen 10am "Nights in Rodanthe" starring Richard Gere & Diane Lane |
| ESL 10-12pm (Teen Center) Canasta 10am Social Bridge 10 - 2pm Lunch Bunch 12:15pm 'Old Country Buffett" RR Van leaves at 11:45am | Aquatics Class 10 - 12:00pm RR German Conversation 10 - 12pm (Teen Center) Golden Age BINGO 10:00 - 1:30pm Mixed Games 1:30pm | Armchair Fitness 10 - 10:30am ESL 10-12pm (Teen Center) BINGO 10:00 - 1:30pm Birthdays with Beryl 12pm RR Nutritionist Amy Hubal 12pm Checkers Challenge 10:30am Rummikub Group 1:30pm | Walking Group 10-12pm RR (Bluemont Park) French Conversation 10-12 pm (Teen Center) Canasta 10am Eight Ball Pool 1:30pm (Teen Center) | Game Day 9 - 2pm Bridge 9 - 2pm Wegmans 10:15-1pm Fastran Transportation Rummikub Challenge 10am |
| Test 10-12pm (Teen Center) Canasta 10am Social Bridge 10 - 2pm Walmart at Fair Lakes 10:15-1pm RR Fastran Transportation St. Patrick's Day Mixer 3:00pm RR (Please see flyer for more details) | Happy St. Patrick's Day Blood Pressure Screening 9-10am No Golden Age Bingo (Wednesday) Aquatics Class 10 - 12:00pm RR German Conversation 10 - 12pm St. Patrick's Day Party 11:45am RR (Please see flyer for more details) | Armchair Fitness 10 - 10:30am ESL 10-12pm (Teen Center) Golden Age BINGO 10:00 - 1:30pm Checkers Challenge 10:30am Rummikub Group 1:30pm | Walking Group 10-12pm RR (Mason District Park) French Conversation 10-12 pm (Teen Center) Canasta 10am Ping Pong 1:30pm "Healthy Eating" 2pm RR by 3/16 | Game Day 9-2pm Bridge 9-2pm Military History Group 10-12pr "Honoring the Sailors of Omaha Beach" with Dick Zimermann (Community Room) |
| ESL 10-12pm (Teen Center) Canasta 10am Social Bridge 10 - 2pm Costco 10:15-1pm RR Fastran Transportation | German Conversation 10 - 12pm Aquatics Class 10 - 12:00pm RR Golden Age BINGO 10:00 - 1:30pm Mixed Games 1:30pm | Armchair Fitness 10 - 10:30am ESL 10-12pm (Teen Center) BINGO 10:00 - 1:30pm Checkers Challenge 10:30am Rummikub Group 1:30pm | Walking Group 10-12pm RR (Green Springs Garden Park) French Conversation 10-12 pm (Teen Center) Canasta 10am Eight Ball Pool 1:30pm (Teen Center) | Game Day 9-2pm Bridge 9-2pm Armchair Travel 10:30am Destination: Amazing Planet Earth From Egypt to Israel - (Teen Cen |
| Trip to Charles Town Slots 9-4pm RR Reservations required by 3/27 ESL 10-12pm (Teen Center) Canasta 10am Social Bridge 10 - 2pm | | | | |